

Want to Learn More About the Curriculum?

Starting in October 2010, NYLN is offering exclusive previews of the curriculum. These select trainings will be customized to meet the needs and interests of the teams that we're working with – just like the curriculum is meant to do!

Trainings will cover:

- Full curriculum overview
- Demonstrations of sample tools from the curriculum
- Techniques for facilitating the curriculum
- Strategies for working effectively with youth and adult allies at the same time
- Direct exchange of information between the host site and NYLN staff.

If you or your organization is interested in being one of these host sites, contact us today!

Betsy Valnes, betsy@nyln.org,
1-866-480-6565, ext. 1



Frequently Asked Questions about the Curriculum

Q: When will the curriculum be available?

A: It will be available to the public by January 2011

Q: Once I get a copy of the curriculum, will I be ready to lead it?

A: Leading the curriculum begins by being trained as a trainer. During the training we will show you how to lead the curriculum in order to get the best results.

Q: How do I get a copy of the curriculum when it's public?

A: Contact NYLN about arranging a training. NYLN will provide ways to train trainers or lead the curriculum for your organization or in your community.



The Reap What You Sow: Harvesting Support Systems Curriculum

An interactive learning experience
for youth with disabilities, family
members, and allies.

The National Youth Leadership Network
PO Box 5908
Bethesda, MD 20824
1-800-480-6565
www.nyln.org

Reap What You Sow: Harvesting Support Systems Curriculum

The National Youth Leadership Network has created a hands-on training. It is a curriculum for youth with disabilities, family members, and allies to all learn together. Most importantly, it gets youth, family members, and allies talking about what support can look like when youth are in control of their lives. Support can mean different things to different people. It might mean having people in your life who believe in you. It could mean having friends to hang out with. It may even mean having resources to help you achieve your goals. The curriculum covers these things with interactive tools like a self-advocacy rap, storytelling circles, skits, arts activities, games, and much more. They all focus on talking about support systems in a new way-- through interdependence, pride, and community building.



Format of the Curriculum

The curriculum consists of tools or activities that a group participates in together.

What Makes This Curriculum Original?

- Youth with disabilities, family members, and allies learn together.
- It was created by youth with disabilities with input from family members and allies.
- It is 100% hands-on learning!
- It's a social justice curriculum. It talks about ableism, power, and community.

To learn more go to:
<http://www.nylrn.org/upcoming-conference/the-curriculum/>

There are 3 sections. Each section consists of 8-12 tools. The sections of the curriculum are:

Section 1- Assessing the Land: Self-Determination and Me

Section 2- Determining What We Want to Plant: Creating a New Vision of Support

Section 3- Preparing to Grow: Sharing Our Skills and Resources to Realize Our Dreams

